

2025-2026 K-12 Health and Physical Education Instructional Materials Adoption List

6-8 Health and Physical Education

M/J Health Grade 6 Semester (#0800030)

Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 6, 2025, 1st Edition</i>

M/J Health Grade 7 Semester (#0800040)

Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 7, 2025, 1st Edition</i>

M/J Health Grade 8 Semester (#0800050)

Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 8, 2025, 1st Edition</i>

9-12 Health and Physical Education

HOPE-Physical Education (Core) (#3026010)

Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for High School: Opportunities Through Physical Education, 2025, 1st Edition</i>
Human Kinetics, Inc.	<i>Florida Health Opportunities Through Physical Education, 2026, Second Edition</i>

Personal Fitness (#1501300)

Publisher	Title
eDynamics Holdings LP	<i>Personal Fitness</i> , 2023, 1st Edition
Human Kinetics, Inc.	<i>Fitness for Life Florida</i> , 2026, First Edition